



DARTFORD TRAMPOLINING CLUB



NEWSLETTER JANUARY 2016

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Welcome Back!

Welcome back to club - I hope you had a great Christmas and are excited about returning to DTC!

The new year will see some new initiatives and small changes for DTC, details of which can be found in Club Matters on pages 6-7.

First, though, an update on all things DTC - happy reading, and please do let us know if there is anything you feel we should include in our next Newsletter!

Keith



Venues & Funding

DGGS

Saturday Sessions

In November we opened new sessions on a Saturday in the Gym for ages 3 to 9. Coach Beth is running these sessions and there are a few spaces left. If you are interested in transferring to or adding another session then please speak with Beth or Keith.

Adult Classes

Adult Classes on a Tuesday have been withdrawn due to lack of Interest. We will run an additional competitive squad session in its place.

Rent Increase

Rent for the sports hall has increased by £10.00 per hour from Jan 2016 and in 2017 the Sports hall will be used for Exams in January (2 weeks) and May/June (7 weeks). Keith had a meeting with the School and they are looking at ways to accommodate us during exams. The club has no plans to increase course fees and will review the situation in September.

Equipment

The Equipment went through a major service during Half Term and new frame pads are being fitted to all the Trampolines this year. The first two have already been fitted.

Trinity School

This year sees the end of our funding from London sport. The Club is running well with Coach Jakki and is in good shape to continue after funding stops.

Haberdasher Askes Crayford Academy & Bexleyheath Academy

Coach Beth runs both these Venues and as with Trinity School they will both lose London Sport Funding this year but are in good shape as well. There are spaces still available at Bexleyheath.

Kings Rochester Sports Centre

Coach Bella runs the sessions at our furthest outreach and numbers remain good with a very loyal attendance. The sports centre has recently been refurbished and had new equipment installed.

After School Clubs

We are currently running after school clubs as follows:

- Trinity School, Belvedere - Mondays
- DGGS - Tuesdays & Wednesdays
- Cobham Hall - Fridays

Coaching in the Community

Our coaches continue to work at various locations and offer a pathway into the club:

- Walnuts Leisure Centre - Orpington
- Crook log Leisure Centre - Bexleyheath
- Danson Youth Centre - Bexleyheath
- Meopham Leisure Centre - Meopham

DTC Staff 2016

Level 4 Senior Advanced Coach

Keith Sleafer (+ Level 2 DMT Coach)
Tabitha Baron (+ BG Accredited Coach Tutor)
Claire Wheeler

Level 3 Advanced Coach

Bella Gower

Level 2 Club Coach

Beth Phillips
Martha Jones (+ Level 3 Modules 1&2)
(+ Special Needs Coach)
Danielle Stevens
Kirsty Russell (+ Special Needs Coach)
Rhonda Crane
Sarah Williamson (+ Level 3 Modules 1,2&3)
Jakki Keenan
Abbie Clarke (awaiting exam)
Brooke Norman (awaiting exam)

Level 1 Coach

Natalie Boden
Zoe Prestidge (currently attending course)
Megan Thornton (currently attending course)

Award Scheme Coach

Brooke Heywood
Chloe Filer
Charlotte Saunders
Charlotte Russell
Thara Nixon
Rachel Willis
Louise Norman
Georgina Keenan
Amelia Sweet
Emma Sullivan

Club Officials:

Head Coach /
Club Secretary /
Treasurer: Keith Sleafer

Club Manager: Tab Baron

Welfare Officer: Rachel Oldfield

Administrative Officers: Jakki Keenan
Tina Knight

Competition Officials:

Regional Judge: Keith Sleafer
Tabitha Baron
Claire Wheeler

County Judge: Beth Phillips
Martha Jones

Club Judge: Kirsty Russell
Charlotte Keenan
Sarah Williamson
Natalie Boden

Swescore: Jakki Keenan
Keith Sleafer
Natalie Boden

DMT County Judge: Keith Sleafer

Competition Marshal: Bella Gower



Coaching Staff News

In September Senior Advanced Coach Tabitha, who is also a British Gymnastics Accredited Coach Tutor, led an evening get together with all our Award Scheme coaches and Level 1 coaches to update them on current best practice. Following the session the Level 2/3 & 4 coaches met to discuss other topics and issues. Further information can be found in the club matters section of this Newsletter.

Good luck this Month to Brooke Norman on her Level 2 Exam and to Megan Thornton and Zoe Prestige who start their Level 1 coach course.

Congratulations to Georgina Keenan and Coral Hawkes on their recent Award Scheme Coach Attendance day.



BG Membership

If you have not yet received your BG Membership details, please don't panic! The second batch of memberships was processed before Christmas and is now with BG. A full list of memberships applied for is available for you to view at reception.

Competition News!



Since our last newsletter we have had the National League Final, the first 2016 NDP qualifying event and Kent Championships!

Here are the highlights...

1st Place for Katie Dodd in the National League level 3 final at the Copper box arena in the Olympic park on 22nd November. Also attending and making the semi-final was Charlotte Russell.

The first NDP qualifier in November saw nearly all the Dartford Entrants achieve the Qualifying Score for the NDP Regional Semi-Final. The last qualifying event is on Sun 7th Feb.

Kent Championships in December was a fantastic event for us with all 26 entrants winning either an individual trophy or team medal or finishing in a top 4 position. Our new members in only their second competition and in some cases first competition all achieved an individual / team trophy. Well done to Karelina Chitambari, Isobella Gough, Brooke Taylor, Cora Naden, Ciara Bushell, Lily Barham, Eloise Hirst, Jessica Bacon, Olivia Demetriou-Shaw, Aimee Wells, Lacey Welch, Christopher Saunders, Mickey Rose, Lucas Taylor-Costin and Jacob Brewitt and all the other established competitors.

Competitions 2016 - Dates for Your Diary!

Sun 7th February:	NDP 1 to 7 Trampoline & DMT Qualifying event @ Gillingham
Wed 10th February:	Kent Schools North Kent Qualifying event @ DGGS
Sun 6th March:	NDP 1 to 7 Trampoline & DMT regional Team semi-Final(Top 2 in each age group progress to the Final) @ Gillingham
Sun 20th March:	Kent Schools Final @ Gillingham
Sat 2nd April:	National League 1 event @ Fleming Park Leisure Centre, Eastleigh, Hants.
Fri 27th-Sun 29th May:	NDP 1 to 7 trampolines & DMT Team Final and National NDP Final qualifying event @ Barclaycard Arena, Birmingham
Sat 25th June:	National League 2 event @ Cardiff
Fri 8th - 10th July:	NDP 1 to 7 National Finals @ Telford
Sat 17th September:	National League 3 event @ Temple Park, South Shields
Sat 29th October:	National League 4 @ Wigan
<u>To be arranged:</u>	
Jun/July:	Club Champs
June:	London Youth Games
November:	National League Final

Happy Birthday to You!

Well, what a busy month January is! Wishing a **VERY HAPPY BIRTHDAY** to the following...



Samuel Betts-Smith	1st January
Taylor Bygrave	4 th January
Maia Carter	4 th January
Lola Arnold	5 th January
Tia Knight	9 th January
Charlotte Betts-Smith	14 th January
Chloe Shand	17 th January
Yasmine Nefzaoui	19 th January
Sky Dornan Baker	20 th January
Megan Thornton	20 th January
Holly Poulton	20 th January
Annabel Goodwin	26 th January
Katie Neale	29 th January
Daniel Corbett	30 th January
Emily Burke	31 st January



DARTFORD TRAMPOLINING CLUB



CLUB MATTERS JANUARY 2016

DTC turns 40!!

2016 will be our 40th year of Trampolining as Dartford TC, and you may recall we asked you, in our last Newsletter, to help us decide how to celebrate this momentous occasion by putting your ideas in the suggestion box at Reception.

We would like to say a big 'Thank You' to all who filled in suggestion forms - 90% of you wanted to visit the Jump Giants Indoor trampoline park in Lakeside. We will be looking into that and other activities to celebrate our 40th year.

Session Registration

It is absolutely vital that gymnasts sign IN and OUT of each trampolining session they attend. This is to ensure that there is an accurate record of gymnasts on site at all times. In the event of an evacuation from the building, such information can be life saving. Please, therefore, allow adequate time to sign in at the start of each session, and remember also to sign yourself out when leaving the session.

Parents/guardians - if your child will be leaving at the end of the session unaccompanied by an adult, please ensure that a member of DTC staff is made aware of this arrangement.

Payment for Course Fees

You will see from your new course letter that a new method of payment has been added. You can now spread the cost of the full termly fees over the first 5 week period leading up to half term.

Weekly fees are no longer accepted.

In the September newsletter we stated that a discount would be available if prompt payment was made in full for full course. Unfortunately we are unable to offer this discount due to the rent of the hall increasing by over £400 per month.

New Starters

We will no longer be taking on new members during a current 12 week course. New starters will be offered a taster evening during the last 2 weeks of the current course and if spaces are available be offered one.

Medical forms

It is extremely important that we have an accurate and up to date Registration/Medical form for each gymnast. In the event of an accident or emergency, it is imperative that we have not only contact details for parent/carer, but that we have vital medical information to hand to medical professionals if necessary.

Email Contact

Please ensure that we have an email address for the responsible person of the gymnast so that you can be updated with important information and club matters.

Our Website

Keep a regular check on our website for all sorts of info. All competition results are posted there together with competition dates.

www.dartfordtrampolining.co.uk

Holiday Camps 2016

The ever popular Holiday Camps were a great success in 2015, we will therefore be running camps again this year at Easter and summer. Dates to be advised!

Introduction of a Competitive Squad Structure

Our aim for 2016 is to give every child the opportunity to develop and we will be setting out club criteria for all our members aged 10 upwards with aspirations to compete at the highest level. Gymnasts under the age of 10 with the same aspirations will be formed into a development squad. They will be trained within the criteria for the Competitive Squad and their coaches mentored by a senior coach.

A series of meetings will take place over the next few weeks with the coaches to put in place the criteria which we will then publish.

Members not wishing to be considered for the competitive squad will still receive the highest level of coaching and remain an important part of the club. Proficiency awards plus club competitions including club championships will be available to everyone.